Hospice, Churches, Care Facilities, Support Groups and Individuals

A Complete Program of Care aftercare

Special Care Series
By Doug Manning
This unique series consists of four books designed to be sent/read during the first year of grief. They are written for the 3rd week, 3rd month, 6th month and 11th month following a death.
The four books come packaged together with mailing envelopes and a date card for recording when the books are to be sent. It is a perfect bereavement follow-up program for hospices, churches, care facilities, support groups and individuals that takes little time or administration.

Special Care Series 4 Book Set / 24 pages each / Single books out of the set are also available

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Available in Spanish starting at $16.00/set

the second year of grief

Grief’s Second Mile
Beyond The First Year
By Doug Manning
Most bereavement materials are focused on the first year of grief. However, we have often been asked, “What do you have for after the first anniversary?” In response to this need, Doug wrote Grief’s Second Mile: Life Beyond the First Year.

For hospices, churches, hospitals, lay ministry groups, Compassionate Friends, health care facilities, friends and family.

Grief’s Second Mile / 48 pages / Envelopes for mailing available .07 ea / Also available as an eBook from your favorite vendor.

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Journey Comfort Card
Send this card at the anniversary of the loss. Designed to match the Special Care Series to extend your care to 12 months.
This and all our Comfort Cards are also available personalized. See full text & the Spanish version on our website.

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5” x 7” Comfort Card with envelope

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Cover photo: Sunset Over Oklahoma City Memorial by Julian J. Rossig
A Journal for the Journey
By Doug Manning

While visiting with our hospice clients, we have often heard that one of the hurdles in hospice care is establishing that relationship with the patient and the family so that they truly embrace and understand the scope and mission of hospice care. Doug’s latest book addresses those needs.

Presenting this book as part of the introduction at the start of care gives the family an opportunity to understand that this is not just about the patient, that their hospice is there to care for the family and to attend to their journey as well. With short chapters covering some of the questions and concerns that families might have, and pages to journal or keep track of changes or observations, this book can accompany the family through the entire care experience.

It can be used as a stand-alone resource, but also is a powerful additional step to the InSight Program of Care that provides support and guidance for professionals, patients and families every step of the way.

48 pages / Envelopes for mailing available .07 ea

Hospice Notes
By Doug Manning

Every patient and family present unique challenges in care as the hospice staff accompanies their path. Some families will need support and guidance in specific areas, depending upon the situation or history. Our Hospice Notes are perfect for providing targeted information and support for each family.

- Never Alone is written for the patient, giving compassionate explanations about what they might be experiencing and what to expect.
- It Takes a Family to Grieve a Loss provides guidance to families who are struggling to figure out how to incorporate children or other family members into the caring routine.
- Complicated Grief addresses those families who present with previous losses or other factors which may create a more challenging hospice and grieving experience.
- Why Have a Funeral? can answer those questions that hospice professionals receive. Doug is a dedicated proponent of the healing power of gathering & ceremony and provides the family with reasons for beginning their grief journey in a healthy and holistic way.

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Bulk Pricing: Order each brochure in 50s

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The Back Nine
Life Beyond Retirement
2nd Edition
By Doug Manning
Aging is inevitable—getting old is a choice. Doug was asked to conduct a series of meetings for a group of seniors at a local church. He learned that everyone in that room was scared, confused and angry at the limitations that they felt from growing old. From those presentations and questions from the group this book was born.

His premise for this book is that everyone can make choices as to how to face living the final years of life, and he provides practical and personal suggestions for taking charge and living with intention, no matter the age. This second edition expands upon his ideas for caring for your mind, body and spirit.

This book is perfect for anyone who is facing these same challenges or for families who are trying to be a support for an aging loved one. It can be used for group discussions in senior centers or senior ministries, and it can give hope and help to those who think their best days are behind them.

104 pages/ eBook also available from your favorite vendor
quantity discounts available / $12.95

When Love Gets Tough
The Nursing Home Decision
3rd Edition
By Doug Manning
This book, first written in 1983, has touched over a million people by providing wisdom and guidance in making a nursing home placement for a loved one. It addresses the feelings of guilt, exhaustion and worry that can accompany a care placement decision.

This book is perfect for care facilities, hospitals, churches and individuals. Nursing facilities should provide a copy of this book to every family they serve. If you know that you will be facing this care giving decision for a loved one, you should add it to your “must read” list.

128 pages
1 - 24 $10.95 each | 100 - 299 $9.45 each
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50 - 99 $9.95 each

Order from InSight Books Inc. 800.658.9262
The Power of Presence Helping People Help People
Book 3rd Edition or DVD
By Doug Manning
The most important skill that a professional or a lay caregiver can possess is knowing how to be present for people in pain. How to be comfortable with their experience. How to “get in another person’s bucket.” Doug takes the reader on a journey through each of the difficult transitions in life: aging, dying, grief, care giving, and outlines how to be a solid and unwavering comfort for those people in your world.

Use the book alone or in combination with the DVD to provide quality training for your staff, your ministry teams, or your volunteers. Power of Presence Book / 120 pages / facilitators guide included at back of book

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Power of Presence DVD / 130 min / $39.95

Sacred Moments
A Minister Speaks About Funerals
By Doug Manning
Doug has had a hope from the beginning of his writing career of impressing upon ministers the importance of a meaningful, personalized and individualized funeral service based upon a family meeting and a partnership with the funeral profession. It is his belief that people in grief need sacred moments and they need compassionate and caring professionals who are willing to provide those moments for them.

For clergy or anyone called upon to help families provide a funeral or memorial service for their loved one.

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Thoughts for the Lonely Nights or Thoughts for the Grieving Christian
By Doug Manning
For a person in grief, the night rarely brings rest and relief. Often that is when all the questions, hurts and tears find a way to come out. Doug calls that being “lonely to the bone”.

In these spiral bound book/journals Doug brings his best discussions about loss and the grief journey and how to find help and comfort along the way. He calls it a conversation about grief. Blank pages follow each segment for writing, journaling and responding.

Either makes a wonderful gift for the person who may be sitting up nights looking for answers or use as conversation starters in Grief Support Groups.

Thoughts for the Lonely Nights 3rd ed 128 pages
Thoughts for the Grieving Christian 2nd ed 146 pages
$18.00 each (quantity discounts available)

Sacred Moments or Building Memories
Planning a Meaningful Funeral
By Doug Manning
This Planner is full of the information you need to make decisions on how to honor and memorialize a loved one whether choosing cremation or burial. This planner is perfect for family meetings as a source of discussion and options. It is also an excellent resource for pre-planning a funeral.

Recommended for individuals, hospice, churches, lay ministry teams, funeral professionals, or any one who is present with families as they plan this final tribute for a loved one.

48 pages / see pricing to the left

Power of Presence Book / 120 pages / facilitators guide included at back of book

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Recommended for individuals, hospice, churches, lay ministry teams, funeral professionals, or any one who is present with families as they plan this final tribute for a loved one.
Weird is Normal
When Teenagers Grieve
By Jenny Lee Wheeler
Quality of Life Publishing
Teens grieve differently from adults and often get lost in the shuffle after the death of a loved one. *Weird Is Normal* is unique because it is a self-help book for grieving teens written by an actively grieving teen. Author Jenny Lee Wheeler validates for her peers that they have the right to grieve in their own way and according to their own timetable, their grief might be different from those of adults around them, and they aren’t going crazy.

110 pages $9.95 each

Reactions
A Workbook to Help Young People Who Are Experiencing Trauma & Grief
By Allison Salloum
Centering Corporation
This excellent workbook can help children cope with grief and loss, especially in traumatic or violent situations. It can be used by family members, therapists, teachers or support group leaders to encourage children ages 6 to 14 to express their feelings and find ways to cope.

40 pages $8.95 each

Remember...
A Child Remembers
By Allison Salloum
Centering Corporation
Remember... A Child Remembers is a write-in memory book for bereaved children age 8-12. This journal is a unique tool for children who are grieving over the death of someone they love, and helps to cope with the loss of a special relationship and keep the memories safely preserved.

24 pages $7.95 each

What Do We Tell the Children?
Talking to Kids About Death & Dying
By Joseph M. Primo
Abingdon Press
Supporting grieving children requires intentionality, open communication, and patience. Rather than avoid all conversations on death or pretend like it never happened, normalizing grief and offering support requires us to be in tune with kids through dialogue as they grapple with questions of “how” and “why.” When listening to children in grief, we often have to embrace the mystery, offer love and compassion, and stick with the basics.

129 pages $15.99 each

Fire in My Heart
Ice In My Veins
A Journal for Teenagers Experiencing a Loss
By Enid Traisman
Centering Corporation
A guided journal for teenagers that allows them to write letters, copy meaningful song lyrics, write poems or verses in order to communicate how they are feeling about their loss. This journal provides a safe and creative outlet for teens to express themselves while working through their own grief.

68 pages $9.95 each

I Know Someone Who Died
3rd Edition
By Connie Manning
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Helping Children Grieve With Khris Ford & Paula D’Arcy / Paraclete Press
This profound video resource offers helpful information to adults on how to help children of all ages grieve with hope and heart.
55 min $39.95 each

The Journey of Grief DVD
By Doug Manning
Doug’s presentation about the grief journey on camera. Doug discusses the elements of the grief experience, the important aspects of a healthy approach to grieving and what grief companions can do to be a helpful part of the journey.

For use by individuals, grief seminars, community presentations, grief groups, or staff training for hospices, churches, funeral homes, hospitals or care facilities
Seven Tracks / See a preview at www.InSightBooks.com
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Finding Permission to Grieve
By Doug Manning
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Don’t Take My Grief Away From Me
How to Walk Through Grief and Learn to Live Again
3rd edition By Doug Manning
Doug’s warm conversational style takes the reader through all the emotions and experiences that accompany the death of a loved one. Doug’s hope is that Don’t Take My Grief Away From Me will provide gems of truth, and honest discussions about the universal experience of grief.
128 pages / $12.00 (see quantity discounts online)

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