I’ve always loved the stories of the code of the shepherds. They not only took care of their sheep; they gave their lives to caring and protecting their flock. Each shepherd made sure that they had water to drink, a safe place to rest and kept a vigilant eye out for danger.

In a sheep’s life, there are predators who take advantage of their weakness and vulnerability.

There are sheep dogs who are only interested in herding and managing.

And then there is the shepherd who is a constant presence of security and peace.

People who are in grief or life transitions need shepherds. They don’t need someone to tell them what to do or use their struggles to their advantage. They just need someone who is safe, someone who will walk beside them and make sure they make it home.
Hospice, we’ve got you covered — follow the complete program or purchase individual items to best serve your families

step one: introduction to hospice

A Journal for the Journey
By Doug Manning
InSight has been a partner with hospice for over 30 years, providing aftercare books and resources that have been given to thousands of families. We have always supported and advocated the important gift of presence and comfort that hospice offers.

While visiting with our hospice clients over the years, we have often heard that one of the hurdles in hospice care is establishing that relationship with the patient and the family so that they truly embrace and understand the scope and mission of hospice care.

There are so many forms to fill out, so many adjustments and physical issues to attend to, that it is sometimes difficult to compassionately explain what this journey is going to feel like for the family.

Doug’s latest book addresses those needs. Presenting this book as part of the introduction at the start of care gives the family an opportunity to understand that this is not just about the patient, that their hospice is there to care for the family and to attend to their journey as well. With short chapters covering some of the questions and concerns that families might have, and pages to journal or keep track of changes that might be experiencing and what to expect.

Complicated Grief addresses those families who present with previous losses or other factors which may create a more challenging hospice and grieving experience.

It Takes a Family to Grieve a Loss provides guidance to families who are struggling to figure out how to incorporate children or other family members into the caring routine.

Why Have a Funeral? can answer those questions that hospice professionals receive.

Doug is a dedicated proponent of the healing power of gathering & ceremony and provides the family with reasons for beginning their grief journey in a healthy and holistic way.

step two: funeral planning

Building Memories
Planning A Meaningful Funeral 3rd edition
By Doug Manning
This Planner is full of the information a family needs to make decisions on how to honor and memorialize a loved one whether choosing cremation or burial. Recommended for individuals, hospice, churches, lay ministry teams, funeral professionals, or any one who is present with families as they plan this final tribute for a loved one.

step three: aftercare

Hospice Notes
By Doug Manning
Every patient and family present unique challenges in care as the hospice staff accompanies their path. Some families will need support and guidance in specific areas, depending upon the situation or history. Our New Hospice Notes are perfect for providing targeted information and support for each family.

Never Alone is written for the patient, giving compassionate explanations about what they might be experiencing and what to expect.

step five: the second year

Grief’s Second Mile Beyond The First Year
By Doug Manning
Most of the bereavement materials are focused on the first year of the grieving experience. However, we have often been asked, “What do you have for after the first anniversary?” In response to this need, Doug wrote Grief’s Second Mile: Life Beyond the First Year.

For hospices, churches, hospitals, lay ministry groups, Compassionate Friends, health care facilities, friends and family.

step four: anniversary card

Journey Comfort Card
Send this card at the anniversary of the loss. See text below. Designed to match the Special Care Series to extend your care to 12 months.

This and all our Comfort Cards are also available personalized. See full text & the Spanish version at insightsbooks.com

See our website for personalization options for cards, books or brochures, to Look Inside, and for quantity discounts www.InSightBooks.com
Welcome to The Shepherd Shop
Three libraries of resources and tools for use in ministries, support groups or training settings
You may order a set to be used as resource material in your work, or you may implement the suggested books and DVDs to begin or supplement a support group, book study or lay ministry outreach.

Shepherd Shop Library: CHILDREN
Individually priced $228 - 10% discount = SS CHILDREN $205 / Set

Journey of Grief DVD
7 tracks introducing grief concepts that can be used for discussion in a support group or for volunteers or professionals working with children. $29.95

Helping Children Grieve DVD
Introducing grief experiences at different age levels that can be used for discussion in a support group or for volunteers or professionals working with children. Contains a discussion guide. $39.95

Understanding Suicide, Supporting Children DVD
Introducing grief experiences at different age levels relating to suicide that can be used for discussion in a support group or for volunteers or professionals working with children. Contains a discussion guide. $39.95

What Do We Tell the Children? Talking to Kids About Death & Dying
129 page book dealing with supporting and having conversations with kids in grief. $15.99

Special Books for Children & Teens Included
Weird is Normal | Fire in My Heart, Ice In My Veins | A Child Remembers
Inspired Coloring Journal | I Know Someone Who Died | Lean on Me Gently

Save more by purchasing all three libraries for $487

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The Back Nine
Fourteen chapters about choices to live well in the final years of life. Can be used for book study or support groups in a church or facility. $12.95

When Love Gets Tough
Thirteen chapters supporting caregivers who are facing choices about long-term care for a loved one. Can be used for book study or support groups in a church or facility. $10.95

Share My Lonesome Valley
Twelve chapters supporting caregivers who are providing long-term care for a loved one. Can be used for book study or support groups in a church or facility. $10.95

Please Take Me Home Before Dark
Six chapters specific to caregiving for Alzheimer’s Disease patients. Can be used for book study or support groups in a church or facility. $12.95

Other Senior Resources Included
Building Memories: Planning a Meaningful Funeral

All items in the libraries are also offered separately
For more information and quantity discount prices for individual items, or to Look Inside see www.InSightBook.com or call 800.658.9262 or 405.810.9501

no substitutions within the libraries are allowed
A Funeral Celebrant serves by providing a funeral service, memorial service or tribute that is personalized and individualized to reflect the personality and life-style of the deceased after consultation with the family and loved ones and coordination with the funeral home. Individuals from all walks of life including chaplains, business people, clergy, retired teachers, funeral professionals, actors, hospice professionals, have come to learn how to provide meaningful, personalized, individualized funeral services.

A successful Celebrant is one who enjoys working with people, has writing and public speaking ability as well as listening and consulting skills.

An InSight Certified Celebrant is a person who has been trained and certified through the InSight Institute to meet the needs of families during their time of loss.

No More Cookie Cutter Funerals

A Minister Speaks About Funerals
By Doug Manning
Doug has had a hope from the beginning of his writing career of impressing upon ministers the importance of a meaningful, personalized and individualized funeral service based upon a family meeting and a partnership with the family. It is his belief that people in grief need sacred moments and they need compassionate and caring professionals who are willing to provide those moments for them. For clergy or anyone called upon to help families provide a funeral or memorial service for their loved one.

Envelopes for mailing available
32 pages $4.00

What Do We Tell the Children? Talking to Kids About Death & Dying
By Joseph M. Primo
One out of seven children will lose a parent before they are 20. The statistics are sobering, but they also call for preparedness. However, professionals of all types are often at a loss when dealing with a grieving child. Talking to adults about death and grief is difficult; it’s all the more challenging to talk to children and teens. The stakes are high: grieving children are high-risk for substance abuse, promiscuity, depression, isolation, and suicide. Yet, despite this, most of these kids grow up to be normal or exceptional adults. But their chance to become healthy adults increases with the support of a loving community.

Supporting grieving children requires intentionality, open communication, and patience. Rather than avoid all conversations on death or pretend it never happened, normalizing grief and offering support requires us to be in tune with kids through dialogue as they grapple with questions of “how” and “why.” When listening to children in grief, we often have to embrace the mystery, offer love and compassion, and stick with the basics.

129 pages $15.99

Sacred Moments
A Minister Speaks About Funerals
By Doug Manning
Doug has had a hope from the beginning of his writing career of impressing upon ministers the importance of a meaningful, personalized and individualized funeral service based upon a family meeting and a partnership with the family. It is his belief that people in grief need sacred moments and they need compassionate and caring professionals who are willing to provide those moments for them. For clergy or anyone called upon to help families provide a funeral or memorial service for their loved one.

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Celebrants & Staff Picks

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Envelopes for mailing available
32 pages $4.00

The Back Nine
Life Beyond Retirement
2nd Edition By Doug Manning
The premise of this book is that everyone can make choices as to how to face living the final years of life, and he provides practical and personal suggestions for taking charge and living with intention, no matter the age. This second edition expands upon his ideas for caring for your mind, body, and spirit. This book is perfect for anyone who is facing these same challenges or for families who are trying to be a support for an aging loved one. It can be used for group discussions in senior centers or senior ministries, and it can give hope and help to those who think their best days are behind them.

Also available as an e-book from your favorite vendor.
Personalized books available, contact Insight for info.
Envelopes for mailing available / Quantity discounts when you purchase 100 or more
24 pages $4.00

Thoughts for the Holidays
Finding Permission to Grieve
By Doug Manning
The holidays are difficult for anyone on the grief journey. The candles are lit, the houses are decorated and the grieving person struggles to find any joy in the celebrations.
Doug gives the reader permission to find their own special way to cope, to remember and to survive the hurdles that the holiday season can present.
Buy it for yourself, for a friend or family member or purchase in quantity to give to your family’s holiday service.
Also available as an e-book from your favorite vendor.
Personalized books available, contact Insight for info.
Envelopes for mailing available / Quantity discounts when you purchase 100 or more
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Orders Outside Continental United States
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Comfort Cards & Lapel Pins
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